

Bassoon Warmup

Chromatic Add a Note

Mark Eubanks

1 2 3

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11

12

Notes:

Play the warmup with a full tone, SLOWLY, and in tune from note to note. Identify notes that are hesitant, out of tune or sound dull in tone for later adjustment. After completing Bb1 to Bb2, restart the process with F1 to F2, C2 to C3, F2 to F3, (for more advanced players) Bb3 to Bb4 and Eb3 to Eb4.

1. Breathe through the nose to expand and lift the upper chest without raising the shoulders.
2. Exhale through mouth while maintaining expanded chest. Abdomen should collapse.
3. Through mouth, inhale top-down from upper chest stretching/expanding downward until low abdomen is full.
4. Start first note directly without holding breath. Or take a final top off breath before starting.
5. Without exhaling, take a quick top off breath between restarts, breaths becoming deeper as you proceede.
6. Play *all* measures within one full breath while maintaining a full tone.